



Improving lives through care,
innovation and collaboration



Medicine
CARING PROGRAMS

Investing in your hospital

Access to innovative equipment and timely care, will help us meet the growing needs of local families. Community dollars fund 100% of the equipment and technology in our hospital. Your support is critical to ensuring the best in class care is delivered close to home, when you need it most.

Together, we make it possible.





Inpatients receive specialized medical care from skilled multi-disciplinary teams of physicians, nurses and staff. We are proud of our patient-centred approach and environment that respects the diversity of patients and families while providing the best care to improve our patients' health, right here in our community.

Dr. Augustin Nguyen
Chief of Medicine



What makes CMH's Medicine Program distinct?

The Medicine Program is CMH's largest inpatient program and the core of care. Medicine, also known as general internal medicine, provides assessment, diagnosis, stabilization and treatment of a wide range of acute health issues. Our multi-disciplinary teams of physicians and specialists bridge the gap from hospital to community with the goal to empower patients to live their best lives. We work in partnership with, and support primary care (Family) physicians, community care partners, patients and their families. This unique synergy and collaboration surrounds patients and their families with expertise and support through comprehensive quality health care that's accountable, nimble and innovative.

Locations

WING A, LEVEL 2
Medicine Inpatient Unit

WING B, LEVEL 2
Medicine Inpatient Unit
(under redevelopment)



MARY'S HISTORY OF VOLUNTEERING AND DONATING TO CMH LINKED HER DIRECTLY TO HER RECENT EXPERIENCE AS A PATIENT.

Mary's journey comes full-circle

From a young age, Mary always had a deep connection with Cambridge Memorial Hospital (CMH). At age 7, the hospital saved her life with surgery during an appendix rupture. This event motivated her father, Bob Sanders, to become deeply involved with both the hospital and the CMH Foundation fundraising Board. During Mary's teen years, she volunteered as a Candy Striper providing patient comfort, and worked at CMH while attending university. She loved it so much, she continued her father's legacy by volunteering as a Board member of the CMH Foundation, then the hospital Board. Mary explains, "I've always felt that giving back to your community was important and builds a healthier community. The hospital has always been a huge part of my life and with two children and all life's ups and downs, CMH has always been there for me. I expected to be using the services."

What Mary wasn't expecting was a heart attack related to an undiagnosed heart issue that

brought her into the Emergency Department, followed by a stay in the Medicine Unit. "I feel my life changed that day. I never thought with my lifestyle that I would end up having this happen," she says, "and here I was with my husband and kids away, all alone in the hospital in December." Although alone, Mary knew she was in good hands. "I was so impressed with the levelheadedness and compassion of the nurses and doctors, who always explained things, made sure I knew what to expect and followed up with me. They were very understanding and extremely caring."

While recuperating in Medicine, Mary's thoughts turned to her years of volunteering, when she used to think that one of these days, she may really need this hospital. "It's then that it hit me, of putting in all that effort and time supporting CMH, that I realized it was to help me now. Some of the equipment I was fundraising for then was now supporting what I needed. I had to smile because

it came full circle,” she said. As an example, Mary mentioned the high-tech bed that’s specifically designed to prevent bed sores, stating “I’m glad that the hospital was able to have this equipment that helped me with my aches and pains and was a comfort to the other patients I spoke with.”

What Mary wants others to understand is that hospital equipment is purchased through the generosity of the community. “We live in this community and CMH is a fabulous facility that we all need to support. We’re part of one of the fastest growing communities in Canada and have to constantly look at how we’re going to support the healthcare needs of all the people in this area.” She ponders a moment and completes her thought, adding “If we want state of the art care, we have to take responsibility for investing in CMH and our own healthcare by supporting the purchase of hospital equipment.”

From CMH volunteer and donor, to patient... Mary's care has come full circle indeed.

Program Highlights



CMH's Medicine Program offers multi-disciplinary best in class care for a wide range of illness and disease in concert with our primary care partners in Family Medicine and Community Medicine. This results in efficient and effective care transition from the community to hospital, and back to community for our patients and their families.

We offer a variety of care beginning with general internists who triage patients and can call on sub-specialty physicians as needed. This complement of specialists and specialty care allows patients, including those with complex health issues and palliative care, to receive expert care locally.

CMH's sub-specialties continue to expand and includes eighteen specialists in oncology (cancer); nephrology (kidney); respiratory (lung); gastro-enterology (digestive system); hematology (liver); intensive care (ICU); neurology (nervous system); and infectious diseases.

Each year, we average 45,000 patient (overnight) stay days. That's an average of approximately 123 patients receiving our care and expertise nightly in the Medicine Inpatient Unit.

Our expanded program offerings and local expertise including patient education and disease management to vastly improve patient care, outcomes and quality of life.

Examples include:

- The new Liver Health Regional Centre of Excellence that serves the complex needs of liver patients locally up to and including pre and post-transplant care.
- A new Rapid Access Medical Outpatient Clinic located within the Emergency Department directly refers patients to internists, resulting in quicker, direct and efficient care referrals.
- Specialty clinics include Neurology, Community Medicine, Infectious Disease and Oncology Clinics.
- Outpatient clinics such as Seniors, Chronic Obstructive Pulmonary Disease (COPD), Pain, and Diabetic Education Clinics.

Our Family Medicine practitioners maintain a Community Surgical Assist Group to provide valuable surgical assistance to CMH surgeons after hours and on weekends for emergency surgeries.

All Wing B Medicine Inpatient rooms are currently being refurbished to today's exacting patient care standards. Once complete each room will provide updated patient amenities and comforts like those found in our new Wing A.

Patient Care Partners

Diagnostic Imaging

Laboratory

Pharmacy

Emergency Department

Surgery

Oncology Rehabilitation

Staff Leaders

Chief of Medicine

Dr. Augustin Nguyen

Chief of Hospital Medicine

Dr. Jenny Legassie



Investing in your Medicine Department

CMH's Medicine Program provides innovative, compassionate care to a wide variety of patients and their often chronic health issues. We work with patients, their families, Family physician and Community care to educate, manage and treat a broad range of illnesses and disease, as well as the complex care that often results. Medicine handles high patient numbers and a remarkable diversity of health issues. We need access to a wide range of specialized tools and equipment to investigate, assess, diagnose and treat patients and continue to attract the best, brightest specialists to CMH.

DEPARTMENT	EQUIPMENT NEEDS	COST
Medicine Department	Flouroscopy	\$730,000
	Colonoscope & Gastroscope	\$60,000
	Flexible Cystoscopes	\$60,000
	Hemoglobin monitoring/ cerebral oximeter	\$10,000
	Sterile Camera Heads	\$10,000
	Endoscopy Cabinet Drying System	\$7,000
	Bariatric Stretcher	\$8,000
	Medical Beds (multiple)	\$225,000