



**Welcome to our  
community!**





Cambridge Memorial Hospital is a full service, acute care hospital committed to providing exceptional healthcare to the communities of Cambridge, North Dumfries and the Region of Waterloo. Our mission is to be a progressive acute care hospital and teaching facility committed to quality and integrated patient centered care.

We encourage you to learn more about our programs and services and find the most up-to-date information on visiting our hospital, on the hospital website at [cmh.org](http://cmh.org).

At the Foundation, our mission is to champion investment in CMH through awareness, giving and stewardship.

**100% of all hospital equipment is funded through the generosity of our community – people just like you.**

As you learn more, we hope you will be inspired to invest in your hospital.

## We Employ

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**1440**  
staff

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**245**  
physicians

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**16**  
midwives

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**270**  
volunteers

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**Diagnostic Services offers crucial testing services for patients and the physicians caring for them, using skill and modern technology. Having the right test, for the right reason, at the right time, makes all the difference to patient care and improves outcomes.**

Dr. Winnie Lee  
Interim Chief of Staff and  
Chief of Diagnostic Imaging



## **What makes CMH's Diagnostic Services Program distinct?**

As the backbone that supports patient care in all other programs at CMH our Laboratory and Diagnostic Imaging (DI) Department plays a vital role in the diagnosis and treatment of illness and disease. With a growing group of radiologists, pathologists, and technologists, we utilize a wide range of high-tech equipment such as Analysers, MRIs, CT Scans, Ultrasounds, Microscopes, X-rays, and Nuclear Medicine to image, analyze, consult, diagnose and treat a wide variety of health issues.

### **Locations**

WING B, LEVEL 1  
CT  
Ultrasound  
Nuclear Medicine  
X-Ray  
Fluoroscopy  
Mammography  
Laboratory

WING C, LEVEL 1  
MRI

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Nothing is as important as your health. CMH's Emergency Department is here when you need us most, offering world-class care – the best treatment and medical expertise – just down the street, close to home.

Dr. Arthur Eugenio,  
Emergency Room Physician



## What makes CMH's Emergency Department distinct?

The cornerstone of care for the community, our Emergency Department is often the gateway to hospital care. We tend to critical patients in need of urgent treatment and diagnosis. Here, lives are saved, the ill are comforted, and healing begins. No matter the issue, or time of day or night, our skilled Emergency Department staff is here for you with the right care, at the right time, in the right place.

### Locations

WING A, LEVEL 1  
Emergency  
Emergency  
Psychiatric Unit  
(EPU)  
Emergency Minor  
Procedures

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Inpatients receive specialized medical care from skilled multi-disciplinary teams of physicians, nurses and staff. We are proud of our patient-centred approach and environment that respects the diversity of patients and families while providing the best care to improve our patients' health, right here in our community.

Dr. Augustin Nguyen  
Chief of Medicine



## What makes CMH's Medicine Program distinct?

The Medicine Program is CMH's largest inpatient program and the core of care. Medicine, also known as general internal medicine, provides assessment, diagnosis, stabilization and treatment of a wide range of acute health issues. Our multi-disciplinary teams of physicians work in partnership with, and support primary care (Family) physicians, community care partners, patients and their families. This unique synergy and collaboration surrounds patients with expertise and support that's accountable, nimble and innovative.

### Locations

WING A, LEVEL 2  
Medicine Inpatient Unit

WING B, LEVEL 2  
Medicine Inpatient Unit (under redevelopment)

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**Our goal is to encourage patient hope and recovery by offering effective proven care in a respectful environment. We all want to live our best lives. CMH is helping people in our community to do just that.**

Dr. Anjali Sharma,  
Chief of Psychiatry



## **What makes CMH's Mental Health & Addictions Program distinct?**

Our Mental Health & Addictions Program is focused on providing timely care — emergent, acute, day hospital and outpatient psychiatry services — using a broad range of supportive and skill building evidence-based programs. We provide intensive services to a wide range of people and age groups with complex, severe and acute mental illness. Our care team aims to promote the healing and fullest recovery of every individual.

### **Locations**

WING A, LEVEL 3  
Inpatient & Day  
Hospital Units

WING A, LEVEL 1  
Emergency  
Psychiatric Unit  
(EPU)

WING D, LEVEL 2  
Community  
Outpatient Mental  
Health Clinic



**Mental Health  
& Addictions**  
CARING PROGRAMS



**Our surgical team is dedicated to offering timely, technically advanced surgery for our patients and community. Our expanding scope of practice means more patients are treated close to home, faster and with improved outcomes.**

Dr. Ingrid Whitehead  
Chief of Surgery



## **What Makes CMH's Surgical Program Distinct?**

CMH's Surgical Program delivers high quality care and a broad range of sophisticated surgical services with the goal of providing timely access and an enhanced patient experience, close to home. Along with General Surgery, we offer specialized surgery in areas such as Urology, Ear, Nose & Throat (ENT), Breast Reconstruction, and Orthopedics. Surgeons at CMH have the expertise to respond to technological advances in the way surgery is performed including Minimally Invasive Surgeries (MIS) that use smaller incisions for faster, less painful recovery.

### **Locations**

WING A, LEVEL 1

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The Women & Children’s Program provides a strong foundation to build a healthy life from birth onward. We have a talented team and modern facilities. With ongoing investments in equipment, we will continue to provide the best care to families, close to home.

Dr. Kristin Wadsworth  
Chief of Obstetrics & Gynecology



## What makes CMH’s Women & Children’s Program distinct?

The Women & Children’s Program is specifically focused on the health and wellbeing of women, children and babies. Our multi-disciplinary team provides a range of comprehensive services that includes Labour and Delivery, Special Care Nursery, and Paediatrics including Day Surgery.

Our program also tends to the specific health needs of women beyond childbirth to include breast care, female pelvic medicine and gynecological services. Our family-centred care is designed to meet the evolving needs and diversity of families in our community.

### Locations

- WING A, LEVEL 1  
Birthing
- WING A, LEVEL 4  
Postpartum  
Special Care Nursery  
Paediatrics  
Outpatient Clinic
- WING B, LEVEL 1  
Gynecology  
Urology  
Ontario Breast  
Screening Program



## **100% of all hospital equipment is funded through the generosity of our community.**

Thanks to the loyal support of our community, our 240,000 square foot new patient wing is now open.

This represents a 40% overall increase in the size of our hospital. The new wing includes the Emergency Department, Operating Rooms, Birthing Suites, Intensive Care Unit (ICU), Medicine, Mental Health, Paediatrics and Obstetrics.

We are currently entering Phase 3 in the development of our hospital. This is a 150,000 square foot renovation of the original building. The renovated wing includes Surgery, Rehab, Diagnostic Imaging and Laboratory.

Once fully renovated, we will increase from 143 to 197 beds and 80% of the rooms will be private, providing more infection control and comfort for patients.

# Investing in your hospital

Access to innovative equipment and timely care, will help us meet the growing needs of local families. Community dollars fund 100% of the equipment and technology in our hospital. Your support is critical to ensuring the best in class care is delivered close to home, when you need it most.

**Together, we make it possible.**

Visit [cmhfoundation.ca](http://cmhfoundation.ca) and follow us on social media to learn more about your hospital and the people of CMH.